



# SHALOM HOUSE

In 1997 Shalom House in St Davids was gifted in trust to provide a respite service for people in Pembrokeshire.

## Founder

Margaret Burnett MBE

## Patron

Professor Ilora Finlay  
Baroness of Llandaff

## Trustees

Bryan Rees (*Chairman*)

Dr. Catherine Burrell

D. Gwyn Griffiths (*Secretary*)

Keith Griffiths

Mr. Bill Maxwell

Heather Phippen

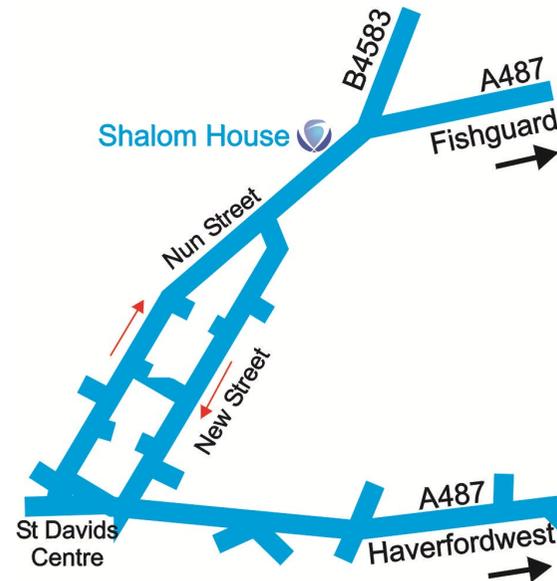
Anne Symons

Dr. Frank Tobin



## How to find us

We are on the left hand side of Nun Street on the way out of St Davids towards Fishguard



## How to refer

We take referrals from—  
general practitioners & community nurses  
hospital doctors, nurses & therapists  
carers, relatives & patients

You can refer to us by—  
phone, fax, mail or email

When we receive a referral—  
we phone the patient to arrange a meeting  
either at Shalom House or their home



## Palliative Care Centre

*Care and respite for people  
and support for their families  
and friends*



113 Nun Street  
St Davids  
Pembrokeshire  
SA62 6BP

Tel 01437 721 344  
Fax 01437 721 742

[info@shalomstdavids.org](mailto:info@shalomstdavids.org)  
[www.shalomstdavids.org](http://www.shalomstdavids.org)

Charity number 1117564  
Company number 5437976



## OUR PHILOSOPHY

We can provide a place of safety.  
We are never too busy to listen and care.  
Pain and suffering are not inevitable—  
skilled, trained staff are available to  
help with pain control.  
We are honest, open, available and  
confidential.

The phrase “there is nothing more that  
we can do” is untrue. There is always  
something that can be done even if it is  
only to be there. The name Shalom ex-  
presses peace which is important to every  
patient along with the total wellbeing of  
the individual.

## AT SHALOM HOUSE

Patients can come to Shalom House at any  
time from their diagnosis. Our care is or-  
ganised on an individual basis depending  
on need. We provide day care Monday to  
Friday inclusive and we provide inpatient,  
respite and end of life care all week and all  
year round.



## THE TEAM

Medical Director— Dr Rob Jones  
Manager & Palliative Care Nurse— Helen Price  
Palliative Care Nurse— Allyson Burrows  
Occupational Therapist— Jenny Mathieson  
Catering – Julie

The core team are supported by registered nurs-  
es, health care assistants and volunteers many of  
whom hold complementary therapy qualifications  
and are skilled therapists. We offer a range of  
complementary therapies

We pay particular attention to patients’ nutrition-  
al needs. To stimulate appetites, lunches are pre-  
pared using fresh and seasonal ingredients.

## THE FACILITIES

Shalom House is a purpose designed five bed  
centre, registered as an independent hospital with  
Health Inspectorate Wales

## FUNDING

All our services are free to patients. We are a  
charity reliant on donations, fundraising by our  
fund raisers and Welsh Government Grants.



## WE CAN HELP WITH ...

- Management of symptoms and difficul-  
ties caused by illness or disability
- Improving function and daily living skills
- Meeting others in a similar situation
- Pain management
- Rest and relaxation
- Problems caused by chemotherapy  
and/or radiotherapy
- Reduction of anxiety, tension, fear and  
sleeplessness
- Fatigue, low mood and body image
- Help, advice and guidance in accessing  
other support such as benefits
- Spiritual Needs
- Respite care

